

APRIL 2025

# WEO Newsletter

Each issue will cover areas of interest, including:

Research | Meeting(s) | Global Events | Awareness | Member Updates

## A MESSAGE FROM DEBORAH BUSH MNZM, QSM, PRINCIPAL WEO

### EXCITING TIMES in 2025

Congratulations to WEO and all those who have contributed to the global endeavor to raise awareness of endometriosis during Endometriosis Awareness Month, March 2025. The broad range of events, activities, fund raising, advocacy and support that happened around the world has been phenomenal. While I am only too well aware, how much effort, planning and often personal sacrifice, goes into making March Awareness a success, our concentration must now also be ACTION. This year there have been wonderful examples of Awareness and Action campaigns that have or will result in improved collaboration, health policy and ultimately the treatment and care for those with endometriosis, adenomyosis and pelvic pain. Awareness on its own, is now not enough. Endometriosis Awareness and Action campaigns allow us to be innovative, engage with all stakeholders including health decision makers, utilise advances in technology, apply the principles we've learned and implement the plan and initiatives.

The grand task will be to share resource and expertise for optimisation, and collaborate more effectively to influence policies and drive change. To do so will require us to embrace a positive, respectful, caring culture across our Organisations and networks.

I was at a WES meeting many years ago and noted this pertinent statement by Professor Peter Rogers, Women's Health Research, Melbourne Medical School, Australia

*"No single person owns the expertise that will allow them to make progress in this area."*

### Hot on the heels of March is the WORLD CONGRESS ON

**ENDOMETRIOSIS IN SYDNEY, May 20<sup>th</sup> - 23<sup>rd</sup>, 2025.**

**PRE-CONGRESS COURSES (PCC) ON WEDNESDAY, May 21<sup>st</sup>, 2025**

"Be inspired together, to build a future where awareness, action, understanding and support for those impacted by endometriosis, reaches new heights."

WEO members should have received the preliminary notice of our special PCC.

[Connect to the World Endometriosis Society online](#)



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ISSUE 18



World Endometriosis  
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## Newsletter Highlights

### A MESSAGE FROM THE PRINCIPAL

### WEO PRE-CONGRESS COURSE

### WEO PRE-CONGRESS COURSE PROGRAM

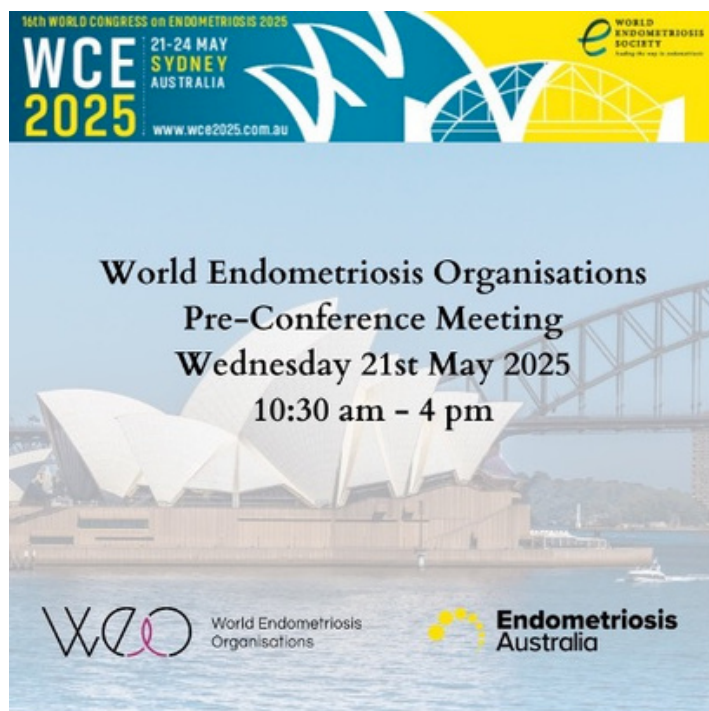
### REGISTER FOR WCE2025

### RESEARCH REVIEW AT A GLANCE

### WORLD ENDOMETRIOSIS MONTH 2025

### TALK TO US

## WCE2025 IN SYDNEY



**Thank you to all those WEO members** who have registered for the WEO Pre-Congress Course (PCC) in Sydney. We recognise that many of you are travelling from far and wide and we look forward to welcoming you and sharing our special day. We have developed a bespoke program designed to specifically benefit WEO members.

**To those who are not able to attend**, we are working with the WCE AV team to see if we can record or have you join us online. We will let you know as details become available. PLEASE don't email us about this – it's in hand.

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**To all WEO members:** to ensure everyone is included you are invited to send us:

1. One PowerPoint self-explanatory slide of a Cool Campaign(s) your Organisation has implemented. Please make sure the name of your organisation is clearly shown on the slide. Each slide will be collated into one presentation to be delivered in the COOL CAMPAIGNS session.
2. Let us know your WEO Wishlist under the headings explained in the program below in the 'Be Inspired' session. We want to know how WEO can best support its members and represent you globally as a united voice.
3. Send us any questions you may have on the topics to be presented so that we can present these to the speakers for comment and discussion.

**SEND YOUR QUESTIONS, COOL CAMPAIGN(S) SLIDE AND WISHLIST BY APRIL 25<sup>TH</sup> 2025 TO:**

Callum James at Endometriosis UK: [callumjames@endometriosis-uk.org](mailto:callumjames@endometriosis-uk.org).

WEO thanks Endometriosis UK for their administrative support.

WEO extends warm thanks to Endometriosis Australia for funding the WEO PCC.

## WEO PRE-CONGRESS COURSE PROGRAM

Start Time	End Time	Title	Pre-meeting Preparations	Speaker
10:00 AM	10:20 AM	Registration and social		
10:20 AM	10:45 AM	Welcomes		
		Acknowledgement of Country		Monica Forlano AU EA
		Welcomes		Stacey Missmer USA
10:45 AM	11:00 AM	Changing Landscapes		Deborah Bush NZ
11:00 AM	11:45 AM	Bridging the Gap - Diversity, Equality and Inclusiveness		Facilitator by Elsie Wandera KENY
				Surita Mogan MY
				Julia Mandeville BB
				Emma Cox UK
		Q&A Discussion		
11:45 AM	12:30 PM	Education for Young People		Facilitator by Deborah Bush
		PPEP Talk		Susan Evans AU PPFA
		Unusual Periods		Bianca de Bie NL
		What about ME?		Deborah Bush NZ
		Q&A Discussion		
12:30 PM	1:30PM	LUNCH		
1:30 PM	2:00PM	Cool campaigns		Facilitator by Elsie Wandera KENY
				Elsie Wandera KENY
		Slide from each organization	All ORGS PREPARE A SINGLE SLIDE - No video	Faye Farthing UK
		Q&A Discussion		
2:00 PM	3:00 PM	Fundraising		Facilitator by Monica Forlano AU
		Fundraising Streams		Jen Birks AU
		Growing income for your Organisation		Heidi Yule UK
		Q&A Discussion		
3:00 PM	3:30 PM	Supporting Endometriosis in the Workplace		Facilitator by Emma Cox UK
		EndoAware		Divya Gokal AU
		Endometrisois Friendly Employers		Emma Cox UK
		Q&A Discussion		
3:30 PM	4:00 PM	Research		Facilitator by Donna Ciccio AU
		Patient participation elements & co-design, how are they involved		Adrienn Salamon HUNG
		Influencing research and designing effective public participation		Femke Jansen NL and Emma Cox UK
		Q&A Discussion		
4:00 PM	4:30 PM	Be Inspired		
		Common goals that WEO can work collaboratively, a united voice. Take away for their organisation in practice.	Pre-conference wishlist (categories) advocacy, support, deliverables etc. share knowledge, collaborations, innovations and research participation.	Deborah Bush NZ
				Monica Forlano EA AU et al to close the event.



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**Endometriosis  
Australia**



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## REGISTER FOR WCE2025



Early bird registrations have closed, but you can still REGISTER for the WCE [here](#).

The scientific programme is exciting and innovative with a wide range of topics being presented. Complimenting the programme will be The Great Debate and a Panel Discussion, both of which promise to include robust and stimulating dialogue.

You can view the:

- full scientific programme [here](#)
- Pre-Congress Courses [here](#)
- WEO Pre-Congress Course [here](#)
- WCE2025 website [here](#)

## SEE YOU THERE.

Oh, and check this out!

**The World Endometriosis Society (WES)** is excited to announce the launch of the new WES website, [www.worldendosociety.org](http://www.worldendosociety.org) and the new WES members only portal.

**WESinars:** if you missed the latest WESinar on Endometriosis and cardiovascular disease risk – March 2025, you can [watch here](#). WESinars are extremely interesting and provide very good professional development and knowledge. Check them out.

WEO Congratulates the launch of PASE – The Pan African Society of Endometriosis that had their 1<sup>st</sup> Congress in Capetown, South Africa.

It is gratifying to see keynote speaker WES President, Professor Stacey Missmer acknowledge previous World Congresses and pioneers in our field who with incredible dedication and vision, set solid foundations and paved the way for much of what is being achieved today.



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## RESEARCH REVIEW AT A GLANCE:

Our gratitude to all those researchers dedicated to improving our understanding and finding answers which will lead to improved and earlier diagnosis, cause, cure and coping mechanisms.



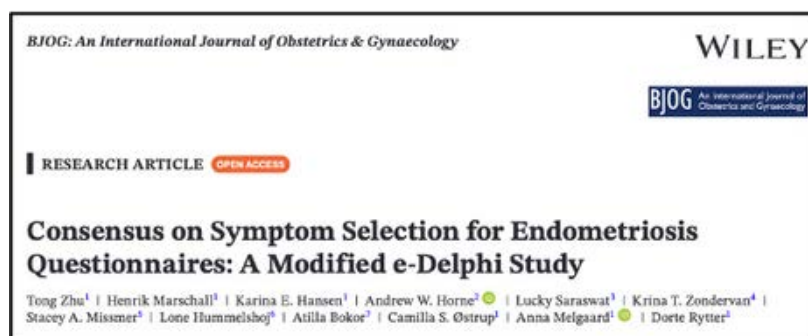
This excellent article, on research priorities in India and Sri Lanka published in The Lancet is a very helpful read for all WEO members with findings being relatable and relevant.

Quote: “Establishing research and clinical consortia for endometriosis and adenomyosis could transform both diagnosis and management, leading to significant improvements in disease outcomes.”



### An Investigation of Associations between Pain Catastrophizing and Pain Disability in a Diverse Sample of Persons with Endometriosis

Quote: “Pain catastrophizing significantly affects pain disability and vice versa.”



Quote: “This consensus study highlighted six symptoms and related consequences commonly associated with endometriosis: menstrual pain, pain during sexual intercourse, cyclic pain during defecation, cyclic pain, infertility, and frequent doctor/health care visits due to abdominal/pelvic pain. Recognising a broad range of potential symptoms is essential for raising awareness and supporting early detection efforts, and these symptoms may be useful for inclusion in future questionnaires aimed at characterising individuals with suspected and confirmed endometriosis among the general population.”



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## RESEARCH REVIEW AT A GLANCE: CONT'D

Comparative Study > J Minim Invasive Gynecol. 2025 Mar;32(3):248-257.

doi: 10.1016/j.jmig.2024.10.014. Epub 2024 Oct 26.

### Patient Perception and Experience of Laparoscopic Excision Versus Ablation of Endometriosis: A Crowdsourced Comparative Evaluation of Symptom and Quality of Life Outcomes

Amital Isaac <sup>1</sup>, Theodoros Kapetanakis <sup>1</sup>, Erica Thibeault <sup>1</sup>, Luke Chatburn <sup>1</sup>, Malcolm Mackenzie <sup>2</sup>

Quote: "In this cohort of patients undergoing laparoscopic endometriosis excision after having undergone endometriosis ablation, the former demonstrated greater beneficial effects over a broad spectrum of symptoms and quality of life measures."



Le project FEMaLe project • 1st • 1st Coordinator, Institute of Public Health, Aarhus University Coordinator, Institute of Public Health, Aarhus University

WEO has brought regular updates from The FEMaLe project through our newsletters. Congratulations to the team and the impressive work achieved.

### 🌟 The Final FEMaLe Review – A Milestone Moment! 🌟

"Over the past years, this amazing and talented team has made groundbreaking progress in endometriosis research, digital health, and AI-driven innovation."

### 🚀 Final Reflections:

This journey has been nothing short of transformative. The collaboration, innovation, and impact of FEMaLe have been unparalleled. While this may be our final review, the legacy of FEMaLe will continue through real-world implementation, policy influence, and future research."

A massive THANK YOU to every researcher, clinician, patient, and partner who made this possible!

# Congratulations



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## WORLD ENDOMETRIOSIS MONTH 2025

Again – congratulations to all WEO members for an empowering and inspirational March25. We finish with these inspiring photos from the Roundtable discussion held in Bangladesh (covered in newspapers and on TV) and the 'Tee Off for a Cause' March Medal Golf Tournament held in Sri Lanka.



The Roundtable Discussion on "Women Empowerment: Breaking Barriers to Endometriosis Care and Establishment of an EndoCare Clinic" brought together experts from healthcare, patient advocacy, and policy sectors to address the challenges and solutions for improving care for women with endometriosis.







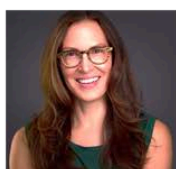
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*We would like to extend our heartfelt thanks to the entire WEO community for your continuous support and dedication to our cause. Your efforts and contributions are invaluable as we work together to make a difference.*

*Best wishes to all  
from the Steering Committee*



Deborah Bush



Philippa Bridge-Cook



Emma Cox



Ambah Grant



Femke Jansen



Julia Mandeville



Surita Mogan



Elsie Wandera

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## TALK TO US

**WEO is committed to its members and is working globally for the good of its members and all those with endometriosis.** To respect our collective aims, please make sure that your organisation shows its affiliation to WEO by visibly displaying the WEO logo and tagline on your website. Sharing this newsletter via website and social media is a great way to show your support, grow our network, and raise awareness.

Also, remember to share your articles, research, and photos with captions with a max of 100 words for the upcoming issues sent to Elsie Wandera at [info@endofoundke.org](mailto:info@endofoundke.org) and Deborah Bush at [deborah@epp.nz](mailto:deborah@epp.nz)



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