# **MONTHLY NEWSLETTER**



## **WELCOME**

# THIS IS THE THIRD ISSUE OF THE WEO MONTHLY NEWSLETTER

#### **EACH ISSUE WILL COVER AREAS OF INTEREST INCLUDING:**

RESEARCH | MEETING(S) | GLOBAL EVENTS | AWARENESS | UPDATE FROM YOUR ORGANISATION AND WEO

#### HIGHLIGHTS

This issue is all about connecting on social media and warmly introduces a new Organisation to WEO and highlights the fabulous work of two others.

The issue includes details of the WCE2023 in Edinburgh and invites you to attend a WESinar in which Deborah Bush, our Principal is speaking.

WEO newsletters are being uploaded to our website. We are very grateful to Ms Lone Hummelshoj from endometriosis.org for continuing to host our website free.

https://endometriosis.org/support/world-endometriosis-organisations-weo/

### Connect to the World Endometriosis Society online









## **WORLD CONGRESS ON ENDOMETRIOSIS**

WCE2023 15<sup>th</sup> World Congress 3 6 M A Y on Endometriosis

Planning on submitting an abstract to WCE2023? Here's the details:

**Abstract Submissions and Registration** opens on Tuesday 13 September 2022. Closing date for abstract submissions is Wednesday 30 November 2022 under any of the following items:

- Surgical Innovation
- Psychological Sexual Function
- Diagnostics
- Imaging
- Epidemiology
- Non-surgical Therapies
- Global Health Challenges
- · Genetics and Epigenetics
- Infertility
- Medical Management
- Pathogenisis/Aetiology
- Patient Centred Care
- · Pain and Pain Mechanisms
- Adenomyosis
- Experimental Models

Notifications to authors will go out week commencing Monday 30 January 2023

### **WEO ORGANISATIONS**

WEO warmly welcomes our newest Organisation: **Endo Sisters East Africa Foundation**. Doris Murimi is the CEO and has given us a brief overview of their wonderful Organisation and their unique #yellownails campaign.

Please connect with them on social media.

The foundation's mission is to share information, educate, collaborate, advocate, encourage girls and women living with endometriosis and related ailments.

Their programmatic focus is centred on:

- a) Mainstreaming information dissemination on menstrual disorders and,
- b) Advancing social justice for those living with endometriosis.

Towards this they have:

- successfully lobbied for Menstrual Disorders Education inclusion into the Kenyan Competency Based Curriculum (Junior High School);
- had their book on Understanding Menstrual
   Disorders approved as a school text book;
- been enlisted to the Ministry of Health's Hygiene Promotion Technical Working Group in Kenya;
- initiated the #YellowNailsMovementCampaign on Endometriosis awareness and developed #YellowNails Training EndoKit.

https://www.facebook.com/endosisterseastafrica @endosistersea for twitter and instagram

# Congratulations to QENDO for achieving this milestone.

**QENDO**, Australia's longest running endometriosis support group, turned 34 on August 29th, 2022 and the team have been celebrating hard!

What started out as an ad in the local paper, has changed and grown over the years to now support anyone effected by endometriosis, adenomyosis, PCOS and infertility across Australia and the world.

QENDO prides itself on peer support having Australia's first endo support line and piloting our Mentor Program for 1:1 guidance.

Visit www.qendo.org.au and don't forget to download their free app to help track your symptoms, connect to resources, communicate with your health care team and develop a pain plan.

FB: facebook.com/qendo Instagram: @qendoau



#### You are invited to another great WESinar!

Topic: Is there an END to ENDometriosis pain?

Kindly supported by Abbott

Speakers: Prof Neil Johnson, Dr Marina Kvaskoff and M Deborah Bush.

#### Register now!

EndoFrance decided to deploy more efforts to raise awareness towards young audiences, the highlight of the year was the release of the book L'endométriose de Clara: Comprendre la maladie pour les 15-25 ans.

The association decided to issue posters and booklets specifically designed for schools: 30'000 were already distributed in the first half of 2022. Our teams of volunteers intervened in 40 schools since January 2022 in front of more than 2'400 students across the country.

Our ambassador the actress Laetitia Millot also released a new clip ackling the challenges that young individual are going through when suffering with endometriosis.





#### A NOTE FROM OUR PRINCIPAL



Deborah Bush MNZM, QSM
Director EPP Coaching and Consulting
Director World Endometriosis Society (WES)
Principal World Endometriosis Organisations
(WEO)
Founder Endometriosis New Zealand

www.eppcoaching.com

"Sometimes people ask why we do
this work. My colleague Elsie
Wandera on the WEO Steering
Committee said in an email recently
"I am really enjoying belonging to
WEO and it is inspiring me personally
to do more for others and my
Organisation as well." Her words
resonated with me. I trust that by
being a member of WEO, you and
your Organisation are also inspired to
stand united and 'work together for
change and prevention'.

I look forward to seeing you all at our bi-annual meeting in November.

I hope many of you will be able to join the WESinar series on September 15th.

With best wishes, Deborah.



