

# **WELCOME**

# WE ARE DELIGHTED TO PRESENT OUR FIRST MONTHLY NEWSLETTER EACH ISSUE WILL COVER AREAS OF INTEREST INCLUDING:

RESEARCH | MEETING(S) | GLOBAL EVENTS | AWARENESS | UPDATE FROM YOUR ORGANISATION AND WEO

#### RESEARCH

Dr. Mike Armour and his team published this study on June 7, 2020.

"Menstrual health education in Australian schools."

'Menstrual health literacy has a direct impact on young peoples' quality of life, health, academic and professional performance. This paper reports on the findings of a survey of 5007 young Australian women aged 13-25 on their experiences of menstruation, dysmenorrhea and education.'

We are sure this research will have helpful relevance to you all as you address the issues of early intervention with your health decision makers in your own communities and countries.

Dr. Mike Armour is a senior research fellow in Women's Health at NICM Health Research Institute and the Translational Health Research Institute at Western Sydney University.

## **PARTICIPATE**

Please encourage your members to participate in this study approved by the Edinburgh Medical School Research Ethics Committee, by disseminating the survey link.

The information sheet provides details. https://corexmsx3mfhpx69skzk.qualtric s.com/jfe/form/SV\_5v61270ROh5AKTc.

The survey is designed to get feedback from a wide range of individuals about their diet and how they think this may improve/exacerbate endometriosis symptoms. It only takes a short while to complete. The researchers are hoping for 1000 participants.

The outcomes will be useful as we support those with endometriosis and bowel symptoms in our Organisations.

#### **MEETINGS**

**WCE2023, Edinburgh**: we should all now be considering costs and making plans if members from your Organisation intend going.

Upon our suggestion, four groups from WEO submitted compelling and professional sponsorship proposals to attend. These have now been presented to the Organising Committee.

Abstracts will open in September 2022.

Check the website for details <a href="http://wce2023.com/">http://wce2023.com/</a>



### **STEERING COMMITTEE**

The Steering Committee comprises the following people.

Deborah Bush MNZM, QSM, New Zealand, Principal | Emma Cox, United Kingdom | Michelle Marvel, United States of America | Femke Jansen, Belgium | Ambah Grant, Trinidad and Tobago | Elsie Wandera, Kenya

We are thrilled to introduce our newest member, Ms. Ambah Grant from Trinidad and Tobago. <a href="https://www.endott.org">www.endott.org</a>



We are also very grateful to Lois Morehen from Endometriosis UK who is providing administrational assistance. This meeting will be of interest to you or the gynaecological teams you work or partner with (please circulate). They state 'unity is what makes us strive for innovation."

# https://www.endoconsensus.com.

Early bird rates apply until August 15th, 2022.



# WEO MEET AND GREET UPDATE

We had a wonderful MEET AND GREET on May 15th, 2022 via zoom. Organisations from France, Hungary, Nigeria, United Kingdom, Kenya and the United States of America attended, and Deborah Bush from New Zealand.

We were saddened that some of you didn't make it but we realise the timing did not work for everyone.

We are going to do our best to accommodate you all in our next meeting.

We formed 3 breakout groups to discuss common global issues, challenges and achievements. These will be collated and shared later.

We plan to have two more meetings before WCE2023 in Edinburgh. Keep an eye out for our invitation for the next meeting.

<u>Please check your junk emails and make sure you mark WEO as 'not junk'!</u>

Please let us know what your Organisations are up to so that we can bring your news to WEO

