

Registered Charity No. 1285

c/o Jasmine Evelyn "Diarlo", Pegwell, Christ Church, Barbados Tel: (246) 840-4581 Email address: <u>endoassociationofbdos@gmail.com</u> Website: <u>www.endoandpcosbb.com</u>

Barbados Association of Endometriosis & P.C.O.S.

Endometriosis Awareness Month 2021 List of Events/Activities

Event	Date	Summary
Launch	1	Our theme for this year is "Endometriosis: More than A Reproductive Health Issue" . We know there is a great focus on endometriosis' impact on reproduction (as it should be) but it is important that the narrative about endometriosis is inclusive and it is not only viewed as a reproductive health issue by the medical community and the public, but it is recognized as a complex systemic condition. We will launch our digital advocacy campaign on this date.
Virtual WorldWide EndoMonth Day 1 Wear Yellow for Endo!	26	 We are continuing Digital Campaign to have Barbadians join in our mission to raise awareness. Last year persons took pictures in their yellow clothing and posted in solidarity. We are hoping to be even more successful this year in this initiative! Wear Yellow for Endo Friday March 26th! 1.Take a picture wearing your yellow on the day! 2. Post it to social media using the hashtags: #yellowforendobim #yellowforendobim21 #endoandpcosbb 3. Tag us! Instagram:@endoandpcosbb Facebook: @endofacts
Virtual WorldWide EndoMonth Day 2	27	Team Barbados will tentatively be presenting on Saturday, March 27 at 11:15am PST (3:15pm local time.) We are submitting your 30 min prerecorded video of related to our team's endometriosis activities. The program will be hosted on the <u>Worldwide EndoMarch YouTube channel</u> .
Endometriosis: More than a Reproductive Health Issue A Virtual Panel Discussion	27	This year, we are taking a more comprehensive look at extra-pelvic and extra-genital endometriosis, including thoracic endometriosis and endometriosis of the nervous, urinary, and gastrointestinal systems- how diagnosed, the treatment options and potential outcomes.



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Endometriosis in the Caribbean: Our Experiences & Examining the Current Needs of the Region A Regional Forum	31	We are bringing together endometriosis advocates across the region to raise our collective voice as well as provide actionable resources for those in the Caribbean who are seeking answers and support. We also would request the attendance of other regional stakeholders with the goal is increased engagement and tangible support for our advocacy. Register in advance for this meeting: <u>https://us02web.zoom.us/meeting/register/tZwucumsrDMoHN2rD2t_fPHADw3Do2TcU0Ss</u>