

**Next Workshop:**

Sunday 31st May
2009

Time:

1.30pm—3.30pm

Feel free to come along
at 1.15pm for tea/coffee
and a chat!

Cost:

\$35 (all materials
included)

Location:

Hawthorn
Community House
32 Henry St,
Hawthorn

Circuit Breakers: Arts-Based Workshops for Women with Endometriosis

*Promoting the health and well-being of women with
endometriosis through the arts*

Living with endometriosis can be an isolating experience. Through these arts-based workshops, women with endometriosis will have the opportunity to:

- Connect with other women who have endometriosis
- Share experiences of living with endometriosis
- Engage in arts-based experiences for relaxation and fun
- Develop new coping strategies

PLEASE NOTE:

Limited places available (8)

No art skills necessary, just a willingness to try something new!

For more information on the session, or to confirm your place and make payment by 16th May, please contact Tricia on 0416-034664 (Mon-Fri 9.00am-5.30pm) or email: tmong@inet.net.au

Facilitator:

Tricia Ong, M.C.A.T (Creative Arts Therapist). Tricia is a graduate of the Master of Creative Arts Therapy Program, RMIT University, Melbourne

For a downloadable copy of this flyer, or future workshop dates, go to: www.acata.org.au/news.htm#events